



**757swim Spring Splash
Prelims/Finals**
May 31st- June 2nd, 2019
**SANCTION NO.
VS-19-115**



SANCTION:	<ul style="list-style-type: none">Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-19-115.USA Swimming, Inc., Virginia Swimming, Inc., 757 Swim and Collegiate School Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	Collegiate School Aquatic Center 5050 Ridgedale Parkway Richmond, VA 23234 Phone: (804) 271-8271 (Pool front desk)
FACILITY:	Competition Pool: Indoor 8 lane 50 meter x 25 yard pool has 9 ft. wide lanes with non-turbulent lane lines. Pool depth of 7'7" at the sides and 8'2" in the center. Competition course is swum bulkhead to bulkhead. Omega starting blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches. Full color LED scoreboard will be used. The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4). Instructional Pool: Indoor 6 lane 25 yard pool for continuous warm-up/warm-down
MEET DIRECTOR:	Name: Erin Roehrl Email: meetdirector@757swim.com Phone: 757- 377-1532
ELIGIBILITY:	<ul style="list-style-type: none">Open to all USA Swimming athletes registered before the first day of the meet.No on-deck USA Swimming athlete registration will be permitted.Age on May 31, 2019 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">Friday, Saturday, and Sunday: 13 & older swimmers will swim in the morning preliminary session with the top 16 13-14 and top 16 15 & older swimmers competing in A & B finals that evening. Finals will be swum 13-14 B, then A and 15 & older B, then A.<ul style="list-style-type: none">Events #7 & 8 (800 Freestyle) will be timed final events. The fastest heat of 13 & Older swimmers swum in finals.Friday, Saturday, and Sunday: 11-12 swimmers will swim preliminaries in the afternoon session with the top 8 swimming during finals in the evening. 10 & younger swimmers will swim timed finals in the afternoon session.Chase starts may be used at the discretion of the referee. Team will be notified by Monday, May 27, 2019.All entries will be deck seeded.
WARM-UP:	<ul style="list-style-type: none">Morning sessions: Warm-ups 6:30-7:25 AM general, 7:25 – 7:50 AM, specific –lanes 1 & 8 pace and 2 & 7 sprint. Competition starts at 8:00 AMAfternoon sessions: Warm-ups not before 10:30 AM; competition starts not before 11:00 AM.Finals sessions: Warm-ups not before 3:00 PM, competition starts at not before 4:00 PM.

	<ul style="list-style-type: none"> • Lane assignment and warm-up times for individual clubs will be posted on the 757swim website no later than Monday, May 27, 2019, and will also be emailed to the contact person of the participating clubs. • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS Tuesday, May 21, 2019</p> <ul style="list-style-type: none"> • Entries must be submitted in long course meter times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams will submit entries via email. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coach Times (CT) will be accepted for events in which a 12 and under swimmer does not have a time of record. CT must be slower than an “A” time. All entry times other than CT must have been achieved in a USA Swimming sanctioned, approved, or observed competition. • “No Time” (NT) entries will not be accepted. • Swimmers may enter a maximum of 3 individual events a day. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • Deck entries will not be accepted. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events; which actions may require reseeding. • Email entries to: Morgan Cordle, coachmorgan@757swim.com
FEES:	<p>Individual events: \$7.75 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity.)</p> <ul style="list-style-type: none"> • Checks should be made payable to: 757 Swim • Mail payment to: 757swim P.O Box 6641 Williamsburg, VA 23188 • Payment must be received by May 28th, 2019 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
AWARDS:	Heat Winner awards will be given out during 12 & Under Prelims Sessions.
SEEDING:	<ul style="list-style-type: none"> • All events will be deck seeded. Scratches are to be reported to the admin table by using the scratch sheets provided to each team in the team packet. Team scratch sheets must be turned in 45 minutes prior to the start of competition. • 10 & Under events will be swum as timed finals. • 11-12 events will be swum as prelims in the afternoon with an A final (top 8) swum at finals. • 13 & Older events will be swum together in prelims. <ul style="list-style-type: none"> • 13-14 and 15 & Older will swim an A & B final (top 16), except for the 800 Freestyle. • The fastest heat of events 7 & 8 (800 Free) will be swum in finals. The remaining swimmers will swim in prelims fastest to slowest, alternating women and men. • Swimmers competing in the 800 free are responsible for providing their own lap counters and timers

	<ul style="list-style-type: none"> Events 35 & 36 (13 & O 400 IM) will be swum in prelims with the 4 fastest women's heats first, followed by the four fastest men's heats. These heats will be swum slowest to fastest. The remaining heats in prelims will be swum fastest to slowest, alternating women and men.
PENALTIES:	<ul style="list-style-type: none"> A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> Entries using fraudulent or non-verifiable times. Athlete competed in the incorrect age group. Athlete is not registered with USA Swimming prior to the first day of the meet. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. Any event in which an athlete participated illegally will be rescored and re-awarded.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, swimmers or their legal guardian must ensure compliance with this requirement. The scratch procedures listed in the current <i>USA Swimming Rules and Regulations</i>, Article 207.11.6, sections D and E only will be in effect for all final heats. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. In accordance with VSI Best Practices, swimmers should shower before entering the pool. In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Genny Kimbel Email: gennykimbel@gmail.com Phone: 757-876-9134</p> <ul style="list-style-type: none"> Officials will be needed for all positions and all sessions for this meet. Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Shana Wilkins, shana.wilkins83@gmail.com, no later than May 28th, 2019. Officials briefing will be one hour prior to the start of the meet in the Hospitality room.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> Clubs may be required to provide timers in proportion to the number of swimmers they have entered in each session. Swimmers must provide their own timers and counters for the event #7, #8 (800 m free) The number of timers required per club and their lane assignments will be posted on the 757swim website, www.757swim.com, Monday, May 27, 2019, and will also be emailed to the contact person of each of the individual clubs.

GENERAL:	<ul style="list-style-type: none"> • Concessions will be available during the meet featuring products by Martin's, Coca-Cola, and Ukrop's Homestyle Foods. Concessions will open for warm-ups and during competition each day. It will close 1 hour prior to the estimated end time of the meet each day. • Coaches' and officials' hospitality will be provided for breakfast, lunch, and dinner. • Swim and Tri is the on-site full-service swim shop. • If necessary, overflow parking will be available at the Martin's behind the aquatic center.
FACILITY RULES:	<ul style="list-style-type: none"> • No glass containers of any kind are permitted in the facility. • Lawn/deck chairs are not permitted in the grandstand. • No spectators/parents will be allowed on deck unless working the meet. • No smoking is allowed on the campus. • Doors are not to be propped open (HVAC) and the front door is the only entry/exit door from the facility,
DIRECTIONS:	Go to www.757swim.com directions.
HOTELS:	Hotel information is available at www.757swim.com

ORDER OF EVENTS
757swim Spring Splash
Friday, May 31st, 2019

Morning 13 & O Session Warm-up: 6:30-7:25AM (general) 7:25-7:50 Specific Start Time: 8:00AM			Afternoon 12 & Younger Session Warm up not before 10:30am Start Time not before: 11:00am		
<u>Women</u>	<u>Events</u>	<u>Men</u>	<u>Women</u>	<u>Events</u>	<u>Men</u>
1	13 & Older 400 Freestyle	2	9	11-12 200 Back	10
3	13 & Older 200 IM	4	11	10&U 50 Back	12
5	13 & Older 50 Freestyle	6	13	11-12 50 Back	14
7	13 & Older 800 Freestyle	8	15	10&U 50 Breaststroke	16
			17	11-12 50 Breaststroke	18
			19	10&U 200 Freestyle	20
			21	11-12 200 Freestyle	22
			23	10&U 100 Butterfly	24
			25	11-12 100 Butterfly	26
<p><u>Evening Finals Session</u> Warm-up not before 3:00PM Start time not before 4:00PM Order of Finals Event 9, 10, 1, 2, 13, 14, 3, 4, 17, 18, 5, 6, 21, 22, 7, 8, 25, 26 11/12 age group: top 8 qualify for finals, 13/14 and 15 and older age group: top 16 in each age group qualify for finals.</p>					

Saturday June 1st, 2019

Morning 13 & O Session Warm-up: 6:30-7:25AM (general) 7:25-7:50 Specific Start Time: 8:00AM			Afternoon 12 & Younger Session Warm up not before 10:30AM Start Time not before: 11:00AM		
<u>Women</u>	<u>Events</u>	<u>Men</u>	<u>Women</u>	<u>Events</u>	<u>Men</u>
27	13 & Older 100 Butterfly	28	37	11-12 200 Butterfly	38
29	13 & Older 200 Freestyle	30	39	10&U 100 Freestyle	40
31	13 & Older 100 Breaststroke	32	41	11-12 50 Freestyle	42
33	13 & Older 100 Backstroke	34	43	10&U 200 Individual Medley	44
35	13 & Older 400 IM	36	45	11-12 200 Individual Medley	46
			47	10&U 100 Breaststroke	48
			49	11-12 100 Breaststroke	50
<p><u>Evening Finals Session</u> Warm-up not before 3:00PM Start time not before 4:00PM Order of Finals Event 27, 28, 37, 38, 29, 30, 41, 42, 31, 32, 45, 46, 33, 34, 49, 50, 35, 36 11/12 age group: top 8 qualify for finals, 13/14 and 15 and older age group: top 16 in each age group qualify for finals.</p>					

Sunday, June 2, 2019

Morning 13 & O Session Warm-up: 6:30-7:25AM (general) 7:25-7:50 Specific Start Time: 8:00AM			Afternoon 12 & Younger Session Warm up not before 10:30AM Start Time: 11:00AM		
<u>Women</u>	<u>Events</u>	<u>Men</u>	<u>Women</u>	<u>Events</u>	<u>Men</u>
51	13 & Older 200 Backstroke	52	59	11-12 100 Freestyle	60
53	13 & Older 100 Freestyle	54	61	10&U 100 Backstroke	62
55	13 & Older 200 Breaststroke	56	63	11-12 200 Breaststroke	64
57	13 & Older 200 Butterfly	58	65	10&U 50 Freestyle	66
			67	11-12 100 Backstroke	68
			69	10&U 50 Butterfly	70
			71	11-12 50 Butterfly	72
			73	10&U 400 Freestyle	74
			75	11-12 400 Freestyle	76
Evening Finals Session Warm-up not before 3:00PM Start time not before 4:00PM Order of Finals 59, 60, 51, 52, 63, 64, 53, 54, 67, 68, 55, 56, 71, 72, 57, 58, 75, 76 11/12 age group: top 8 qualify for finals, 13/14 and 15 and older age group: top 16 in each age group qualify for finals.					